



**Stanford**  
MEDICINE

# Valley Children's Pediatric Residency Program

Affiliated with Stanford University School of Medicine





On behalf of the faculty and staff of Valley Children's Pediatric Residency Program, Affiliated with Stanford University School of Medicine, we appreciate your interest in our program. Our new program offers unique, interprofessional education preparing our residents for opportunities in leadership, quality improvement, research and advocacy.

Our nationally accredited program provides an exceptional learning environment focused on each individual learner's career goals. Our four-track training model matches residents with a mentor involved in their specific area of interest. We designed these tracks – Primary Care Plus, Inpatient Medicine and Quality & Patient Safety, Academic Medicine & Leadership, and Pediatric Subspecialties – to prepare residents for endeavors after residency such as fellowship, community and hospital leadership, advocacy and academic medicine.

Work-life balance is critical to a successful career and a happy life. Because maintaining physical and psychological wellbeing is important to your educational experience, our curriculum allocates time and resources to wellness.

We are excited to train future pediatricians to provide exceptional healthcare to Central California children and beyond. We look forward to meeting you and hope you will join us on this amazing journey.

**Karla Au Yeung, MD, FAAP**  
**Program Director**  
Valley Children's Healthcare





## The Best Place to Learn A Great Place to Live

Considering continuing your medical education at Valley Children's raises two important questions:

- Why train with the Valley Children's team?
- Why come to Central California?

We invite you to take a closer look at why our organization appeals to thousands of medical professionals like you and what makes our region an enjoyable place to call home.







## Training the Next Generation

The Valley Children's Pediatric Residency Program, Affiliated with Stanford University School of Medicine, will prepare the next generation of pediatricians and pediatric medical and surgical specialists like you to continue delivering the best medical care to children and families. Our new, innovative, interprofessional program provides a comprehensive education that includes both general and advanced clinical pediatric training.

At Valley Children's Hospital, you will learn and practice in one of the country's largest children's hospitals. Our 358-bed, state-of-the-art facility offers specialized medical and surgical services to treat conditions ranging from common to the most unusual and complex. Valley Children's Hospital is Central California's only designated Level II Pediatric Trauma Center and has been ranked by U.S. News & World Report as one of the nation's best children's hospitals in several service lines over the years. Residents will also rotate through Lucile Packard Children's Hospital at Stanford. Both hospitals serve an economically and ethnically diverse patient population from a referral area encompassing Central California and the San Francisco Bay Area.

We know residency is an exciting and challenging time, and we are committed to supporting you through your journey. From the day you interview to graduation and beyond, we are devoted to helping you achieve your personal and professional goals.





# Our Mission

The mission of Valley Children's Pediatric Residency Program is to train physician leaders and scholars who will provide compassionate and collaborative interprofessional care as general or subspecialist pediatricians whether practicing in academic, public health or community practice settings.

## We are dedicated to:

- Interprofessional education
- Innovation
- Clinical and service excellence
- Advocacy for children of Central California and beyond

## Diversity, Advocacy, Disparity and Service

The Central Valley is home to nearly 4 million people. The area is culturally diverse, with more than 70 ethnicities and 105 languages represented. The 2010 U.S. Census anticipates the Central Valley population will reach nearly 6 million by 2030. Valley Children's 12-county service area serves approximately 1.4 million children. The Valley's most vulnerable residents, its children, struggle with some of the nation's lowest education rates, highest poverty levels and obesity rates, poorest air quality and very limited access to both primary and subspecialty care.

Valley Children's is committed to training compassionate physicians who seek to advocate for underserved children. Our residents are immersed in the community, cultural humility and responsiveness and advocacy training that starts early in their education. All of this is woven throughout the three-year curriculum.

**Advocacy:** Advocacy is a challenging yet rewarding aspect of medicine. Valley Children's is committed to training compassionate physicians who seek to advocate for underserved children, many of whom reside in Central California. Our residents have the opportunity to gain individualized experience with community experts in a variety of settings that include but are not limited to, schools, mobile medical units, juvenile detention centers, homeless shelters, and rural and urban underserved clinics.







## Curriculum



**Didactics:** Our structured, 18-month curriculum presented by our outstanding faculty features interactive lectures and workshops. In addition to pediatric content-based sessions, we offer a broad, interprofessional selection of topics such as palliative care, evidence-based medicine, cultural competency, simulation, ethics, professional development, advocacy, resident wellness and scholarly activity.

**Scholarship:** Areas of concentration (tracks) are designed to allow residents to focus their elective time and scholarly activity in areas that supplement their personal and career goals. Each resident is paired with a mentor to meet with regularly throughout the year for direction and guidance relevant to the area of concentration. We offer a number of electives and experiences that residents can tailor to fit their needs and interests, ensuring an individualized, longitudinal experience.

**Primary Care Plus -** The goal of this track is to train physicians to become proficient in community outreach, needs assessment, process implementation, and evaluation resulting in systems or policy change affecting the community. Residents will be expected to develop strong community partnerships culminating in collaborations to meet community identified needs. Residents will demonstrate excellence in community-based qualitative, quantitative and/or educational scholarship and disseminate findings on a local and/or national level. Activities include but are not limited to: group lecture or workshop focused on principles of community-based participatory research, community outreach, and process implementation; online advocacy modules through the California AAP chapter; participation in Community Medicine and Advocacy Stakeholders committee; membership in the California chapter of the AAP.



**Hospital Medicine and Quality Improvement (QI) & Patient Safety** - The goal of this track is to train physicians to become stewards of safe, high quality and patient centered care with a focus on the inpatient setting. Residents in this concentration will learn to identify and apply current evidence to optimize care across healthcare systems including the transition from inpatient to outpatient care. They will practice incorporating consideration of cost and risk-benefit analysis specific to inpatient medical care. Residents will be expected to demonstrate strong written and oral communications skills through dissemination of a scholarly product in local, regional and/or national forums. Activities include but are not limited to: group lecture or workshop focused on key principles of QI; online QI modules; participation in hospital Patient Safety and/or Quality Improvement committees; membership in the Section on Hospital Medicine of the AAP.

**Academic Medicine & Leadership** - The goal of this track is to train physicians to become skilled clinician-academics and educators who will serve as leaders in a healthcare system. Residents will be expected to become proficient in applying essential principles of curriculum design, learner assessment, and educational program evaluation. They will develop leadership skills under the guidance of a senior mentor that will allow them to successfully lead a functional and productive team on any level. Activities include but are not limited to: group lecture or workshop focused on nationally acclaimed leadership tenets; online advanced faculty development modules; maintain an Educator's portfolio; membership in the Academic Pediatric Association.

**Pediatric Subspecialties** - The goal of this track is to train physicians to become well versed in the language of scholarship and research methods and to apply this knowledge to the development of individual and collaborative research projects in their chosen subspecialty of interest. Residents will be expected to recognize the importance of scholarly inquiry and development of a national reputation to promote the advancement of a subspecialty field. They will demonstrate an awareness of the unique aspects of care of a chosen subspecialty as it pertains to outpatient, inpatient, and procedural requirements. Activities include but are not limited to: group lecture or workshop focused on principles of critical appraisal and the practice of EBM; online modules on clinical research statistics; participation in a relevant committee as directed by the chosen subspecialty (e.g. Infection prevention subcommittee if interested in Infectious Disease); membership in the relevant national subspecialty organization.

Full research support, including in-depth Institutional Review Board (IRB) training, is provided for all residents. Our program offers a comprehensive curriculum to prepare residents to contribute to the field of pediatrics through a wide variety of scholarly endeavors.







## The Valley Children's Experience

**Interprofessionalism:** We work as a team to provide the best care for patients, so it makes sense to train as an interprofessional team. Our holistic approach to education draws upon the expertise of all medical professionals, including physicians, nurses, social workers, pharmacists and other integral members of the healthcare team.

**Innovation:** Forward thinking from faculty, administration, staff and residents is vital to success. We are looking for fearless pioneers and resourceful innovators to help drive our program to the highest level.

**Simulation:** Simulation experiences form the cornerstone of the interprofessional education experience. Our simulation team provides training during all phases of resident education with emphasis on emergency management of clinical situations, interpersonal communication skills and mastering difficult conversations.

**Family-Centered Care:** Family-centered care helps drive patient satisfaction and improves work flow, team communication, interprofessional relations and patient safety. Benefits to residents include practicing communicating information to patients and families with varied educational and cultural backgrounds.





# Clinical Sites

**Valley Children's Hospital:** Located at Valley Children's main campus in Madera, the Hospital offers the full spectrum of pediatric subspecialty medical and surgical care, and support services.

**Lucile Packard Children's Hospital Stanford:** Located in Palo Alto, California, the Hospital is the partner for your rotations in Developmental Pediatrics and Adolescent Medicine.

**Kaiser Permanente's Fresno Birthing Center:** This site for the newborn nursery rotation, provides a comprehensive, family-centered birthing facility.

**Charlie Mitchell Children's Center:** Located on Valley Children's main campus in Madera, the Center provides primary care to medically complex children and their healthy siblings. The clinic is an option for both electives and continuity clinic.

**Kaiser Permanente:** Residents interested in the Health Maintenance Organization (HMO) model of primary care may choose a continuity clinic with our educational partner.

**Valley Children's Primary Care Group:** Residents interested in primary care and/or caring for a diverse population of children, including the underserved, may choose one of several surrounding community sites as their continuity clinic.







## Resident Life

California Map



In addition to California sunshine, Valley Children's location offers many lifestyle benefits, from affordable housing and quality schools, to plenty of recreation, entertainment, dining and shopping venues without big-city congestion. Enjoyable trips to the coast, mountains, Bay Area or Southern California are a short drive given our convenient location. U.S. News & World Report recently ranked Fresno No. 1 for the most fun places to live if you love the outdoors.

Valley Children's Healthcare is a unique, family-centered institution. We are a family, and it can be felt from the moment you enter the Hospital and throughout our network. We want our residents to feel part of our family from day one. Although some residents may be familiar with Central California, many have recently moved to the region. All are looking to meet new friends and people while striving to balance busy personal and professional lives. We provide a strong support network for our residents and opportunities to spend time together outside the work environment.

### Average Cost of Home Per Square Foot

- Visalia \$127
- Bakersfield \$130
- Fresno \$134
- Modesto \$158
- Los Angeles \$409
- San Francisco \$959

Source: Zillow May 31, 2016





# Resident Wellness

Residency can be physically and emotionally demanding. At Valley Children’s, we recognize the stress of medical training and are dedicated to resident wellbeing. We value work-life balance and offer several programs to support wellness, including:

- Training for residents and faculty in recognizing fatigue
- Training for residents and faculty in recognizing physician impairment
- Confidential Employee Assistance Program
- Annual resident retreats

In addition, our Work-Life Balance Package offers residents a stipend that can be applied toward individually tailored activities and services to help maintain personal wellness. Examples include a gym membership, yoga sessions, spa services, concert tickets, park passes to Yosemite or Sequoia national parks, and local ski resorts, including China Peak and Badger Pass..



## Delicious Dining

The region’s casual and fine dining experience reflects our multicultural population and agricultural and winery roots. Local restaurateurs offer fresh, flavorful cuisine, including Mediterranean, Basque, Indian, Thai, Ethiopian, Italian, Peruvian and more. Asian and Mexican eateries are almost as popular as pizza parlors. You are sure to find an appealing restaurant to fit every taste and occasion.

### Popular Events and Activities

- Big Fresno Fair
- Save Mart Center performances
- ArtHop
- Greek and Rogue Festivals
- Clovis Rodeo
- Wine Trails
- Local Farmer’s Markets
- Chaffee Zoo
- Woodward Park
- Downing Planetarium
- Christmas Tree Lane
- Fresno State Bulldog (football) and The Fresno Grizzlies (baseball) Games

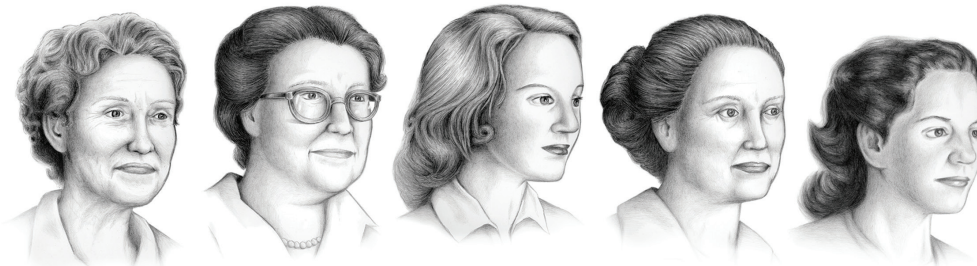
### Vacation Destinations within Driving Distance

Destination	Hours from Fresno
Yosemite National Park	1.5
Kings Canyon National Park	1.75
Paso Robles Wine Country	2.0
Pismo Beach	2.5
Carmel & Monterey	3.0
San Francisco	3.25
Los Angeles	3.5
Napa Valley Wine Country	3.5
Lake Tahoe	4.5
San Diego	5.5
Las Vegas	5.75





## A Legacy of Excellence



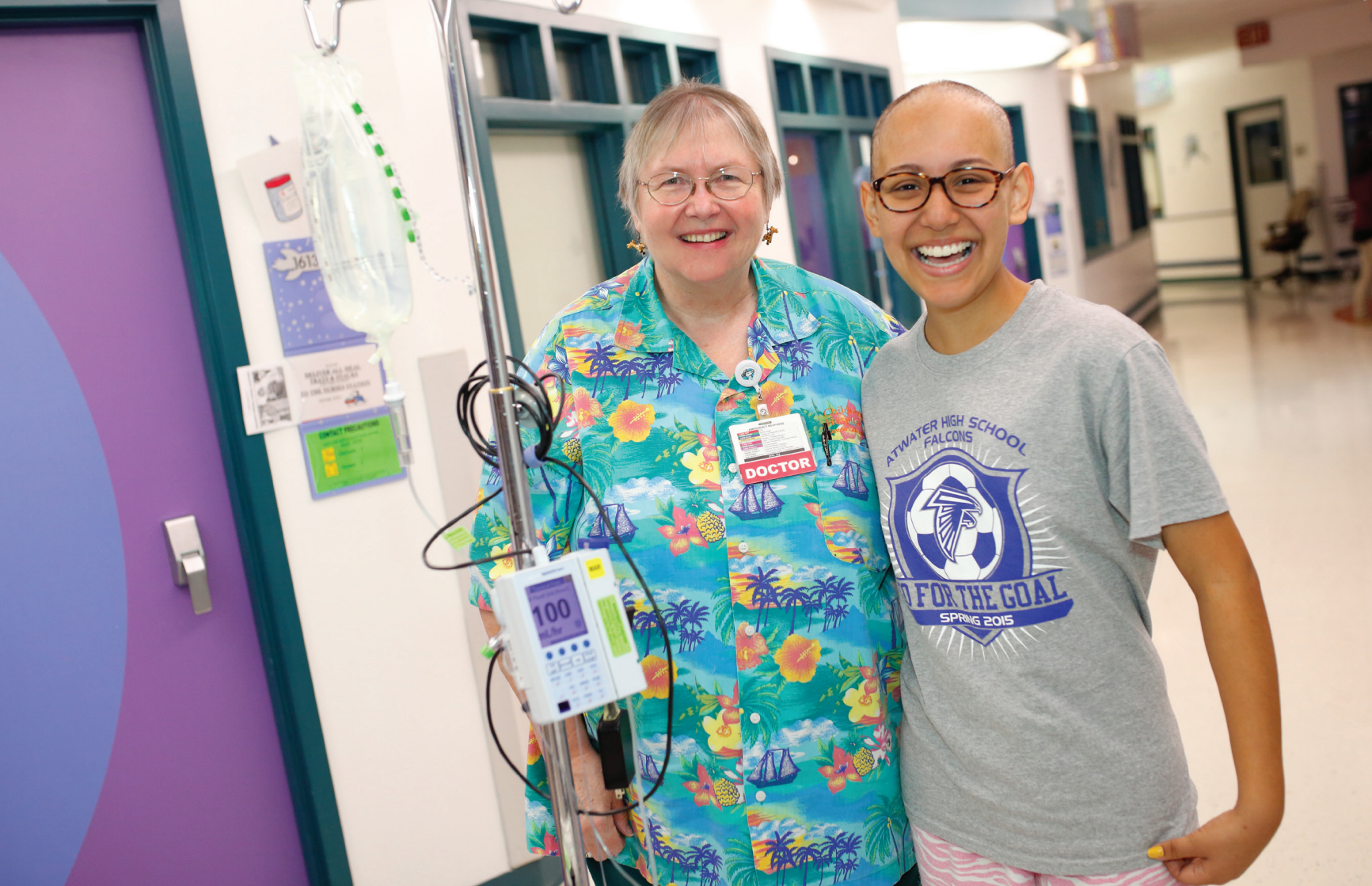
In 1952, our founding mothers had an inspiring vision to provide care for children in a hospital as special as its patients. Valley Children's has flourished ever since, becoming one of the largest pediatric healthcare networks in the nation that offers high-quality, compassionate care exclusively for Central California children from before birth to young adulthood. Today, our growing network provides specialty care, primary care, hospitalists and more from Stockton through Kern County, to the Central Coast and the eastern Sierra Nevada.

Valley Children's is dedicated to providing the best care to kids. Whether it's increasing our involvement in national collaboratives such as Solutions for Patient Safety, adopting the latest technology or emphasizing interdisciplinary teamwork, we remain relentless in our pursuit of enhanced access and clinical excellence because our children deserve the best.

Our numerous pediatric specialty programs and services reflect this excellence, from our Emergency Department ranking as the busiest in California for patients younger than 21 years old yet still maintaining short wait times well below the national average, to our Cancer and Blood Diseases Center scoring in the top 4% of therapeutic enrollments to National Cancer Institute studies through Children's Oncology Group – the world's largest organization devoted to childhood cancer research.

And our renowned Hospital has been recognized by U.S. News & World Report as one of the nation's best children's hospitals in several service lines over the years.





## Continue the Legacy

Thank you for taking a more detailed look at what our program and community offer dynamic, future pediatricians like you. We invite you to contact Valley Children's Residency Program, Affiliated with Stanford University School of Medicine for more information. You may use the Electronic Residency Application Service (ERAS) to apply for a position in our residency program.

Together we will ensure the children and families of Central California continue to receive the high-quality, pediatric care they deserve.

Please contact:

**Valley Children's Healthcare**  
**Graduate Medical Education**  
559-353-5141  
[GME@valleychildrens.org](mailto:GME@valleychildrens.org)







# Access to Care Closer to Home







## Valley Children's Pediatric Residency Program

Affiliated with Stanford University School of Medicine

9300 Valley Children's Place  
Madera, CA 93636-8762

559-353-5141

